

Productive holidays

Failing Is a Blessing In Disguise

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Humorous mysteries

Comic:Beating the heat

Signals or Sin-Goals

PKR 80 US

DHS

GBP 3







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Gratitude and positivity led him to be a king!



# Idioms related to

storynory 10 Signals or sin-goals

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poetic rush 14 Everyone has to go

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# SNEAK A PEEK

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dear diary Failing Is a Blessing In Disguise

> radipedia 08 hands

poster



screw n bolts A mixed bag of fun and frolic

18

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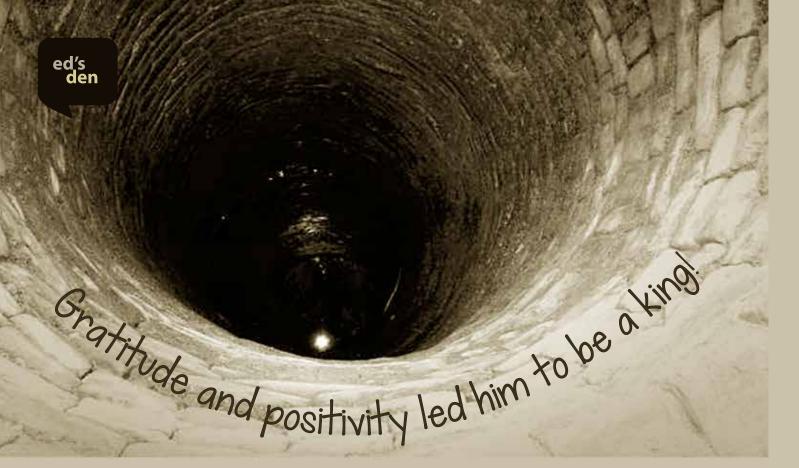
fresh pens **Productive holiays** 



Leading lights Hadhrat Abdullah bin Jaffar (المَّنْهُ).

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6

comic Beating the heat



The Prophet of Allah, Hadhrat Yousaf was just a young boy when he was viciously dumped into a well by his step brothers. He was alone and scared. It was only the beginning of his trials-filled journey of life. After that he was abducted, enslaved, sold, slandered, unjustly held in prison for many years and above all, he lost all touch with his beloved parents and people for decades on the go. Can we even imagine his trials?

Just imagine having a hard day at school or college; a day when one feels to have woken up on the wrong side of the bed! Everything seems to go wrong. Then after that horrible quiz in class, gruesome grilling by the teacher, a fight with a friend, lost money and missed ride, what would you want to do when you finally get to meet one of your loved ones? Frankly, if I were an average teen of today, I'd rant! Big time! By the end of that day, literally everyone in my real and virtual list of acquaintances would know of my miseries that day. But you see, Yousaf a trials didn't end in a day. They went on for decades and decades. And it just blows one's mind to see what he had to say when he finally met his parents after ages of torture and abuse: My Lord has shown me kindness, since he took me out of prison and brought you to me from the desert......"

No mention of the terrible things which preceded that freedom from the prison!

After the morning prayers, when the Sahabah would gather in masjid al-Nabawi, it was the blessed habit of the Prophet at the 'd often ask them if any one of them had had a dream that night. When someone would speak about their dream, the Prophet a would then reveal its interpretation and many lessons attached.

Abdullah ibn Umar 🧠 was a young boy at that time. He has narrated that he'd desperately

wish to be able to see a dream some night just so he could tell it in that morning gathering and may be get to hear some glad tidings for himself from the Prophet . So he says, one night before bed, he made heartfelt dua for this wish of his. He did see a dream that night but lo and behold, what did he see? He saw the Hell Fire; that the angels were taking him towards it and he could hear the screams of people therein, then just as he was at the edge of the Hell, the angels drew him back – suddenly, he woke up.

The young Abdullah was so scared of the dream that he simply couldn't find courage to speak about it before the Prophet . So instead, he asked his big sister Hafsa (who was the Prophet 's wife) to ask him on his behalf. The Prophet realised where the young boy was coming from and when he spoke, he realised that his words would reach Abdullah , so he said: "What an incredible fine young boy is Abdullah, how wonderful it would be if he strived more in his Tahajjud (the night prayer)."

SubhanAllah! So this was the interpretation of Abdullah's dream; he was lacking in his tahajjud. But just look at the way in which the Prophet a conveyed it! He very well could have plainly said 'The dream is a warning for him to take heed and come out of his laziness; it's his inefficiency in tahajjud that made him see such a horrible dream!!' But no! The Prophet knew what it meant to be positive in the Tarbiyah of the youth around him and he knew how terribly the negativity of speech can bog down a young mind. So he chose positivity instead.

Our children are also starving for this hope and encouragement that our manners and words could bring them. An overdose of criticism depresses and kills! There's sure more to parenting and Tarbiyah than strict disciplining. Parents can easily build those bridges between the generation gap.





And dear children, we know it's tough for you. We know this world is constantly nagging you, hurting you and bringing you down and how hard you try to stay put. Just know that your parents and elders care for you, but they yearn to see and hear positivity from you. It is about time you too started seeing your glass as half full instead of half empty.

Learn from Yousaf (2010). His positivity and gratitude led him to be a King

Wassalam, **Zawjah Zia** 

# Al - Hasan al - Basri was asked, "O Abu Sai'd! How are you?" He replied,

"Like he who awaits death when night falls, and in the morning, he does not know if he will live through the night or in which state (condition) he will die."

Imam Hasan Al Basri (Rahimahullah)





# Failing Is a Blessing In Disguise

# Written by Binte Hanif South Africa

There's a blessing behind every challenge, a door of opportunity for each window that closes, a rainbow after the rain.

dear diary

Failure, a single word that strikes fear into the hearts of many. We all know failure as not being able to achieve that one thing you've been dreaming of for so many years. Failure, reaching for success but falling hard, hitting the ground hard, having to face the reality. But have you ever thought of failure as helping us to realise that it is not the end of the world, as a way of redefining our priorities, reshaping what we value, becoming more passionate about our mission, as a way of seeking inspiration through others, of looking at obstacles differently, making us compassionate, helping us to learn who our true friends are, of finding new ways to deal with emotions, helping us to realise that life isn't as straight forward as the internet showcases to us.

Yes! It is! It is a blessing, unequivocally a blessing that majority dreads and society judges. Failing that math exam is the end of a career, a business loss is a fall of an empire, rejected

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and we question what's wrong with me. Divorced and a once respected lady is considered a failure for not trying hard enough.

But why? Why have we not allowed our minds to contemplate upon the beautiful fact that failing is a blessing in disguise? Why have we so confidently calculated our opinions and presented them as mere facts? Opinions which are literally demolishing our lives and the lives of others. Have we forgotten that to err is human?

My dear readers, I assure you that by the end of this article you will be convinced that failure is a blessing and not a source of disgrace. When a person is born, he has a breath but no name, moreover, when he dies, he has a name but no breath. The gap between this name and breath is life; moreover, for everyone this gap has divergent interpretations. People are faced with different levels of gloom and failures in this gap, however there is a vast blessing hidden in these deficiencies. The uniqueness in our individualities is how we react to these failures, whether we get up stronger with determination after drying those tears or we opt to go

# I assure you that by the end of this article you will be convinced that failure is a blessing and not a source of disgrace.

into depression and later on cut our veins and prove society right.

Failure will either make you or break you, but it can't make you until it breaks you, that's the tricky part. No one has felt that wildly sweet taste of success without first failing in a major way. While some have to endure only a few failures before success, others have to endure thousands.

Lincoln quotes: "My great concern is not whether you have failed, but whether you are content with your failure."

There are many personalities who achieved the golden pinnacle after failing on multiple occasions with just one secret: "Never give up, there's always light at the end of a dark tunnel."

When you fail, something strange happens, you change the priorities in your life, you shuffle things around to make room for the things that matter to you, you look inwards forcing an inventory of your hopes and dreams and it helps you to realise the things that matter to you and how you can use them on your path to success. Harvard Gazette once guoted, "It doesn't matter how far you might rise. At some point, you are bound to stumble. If you're constantly pushing yourself higher and higher, the law of averages predicts that you will at some point fall.And when you do, I want you to remember this: There is no such thing as failure. Failure is just life trying to move us in another direction." Most people don't reach their dream, not

Never fear failure, according to a psychological research fear of failure keeps you from trying, creates self-doubt, stalls progress, and may lead you to go against your morals.

When things fall apart, consider the possibility that life knocked it down on purpose. Not to bully you or to punish you, rather to prompt you to build something that better suits your personality and your purpose

because of failure. Most people don't live their dream because they give up. You see, it's not the failure that stops us but that most stop at their first failure. Those who succeed don't stop at one failure, they don't stop at ten failures, and they don't stop at a hundred, a thousand or even a million. They say "this is my goal and I will do whatever it takes to achieve it. I will learn the lessons from any failures, I will learn faster, work harder and I will not quit until my dream becomes a reality." That is the difference between success and failure.

Persistence and certitude are the difference between success and failure. So if you want to succeed, don't be afraid to fail. Fail often, fail fast and learn from your mistakes. The more you fail, the closer you're getting to success. What seems to us as bitter trials are often blessing in disguise. You either get bitter or you get better. It's that simple. You take what has been dealt to you and allow it to make you a better person or you allow it to tear you apart. The choice does not belong to fate, it belongs to you.



radi pedia dioms related to hands

Training English language skills right from a school age can help children understand different aspects of the language. There are many ways to teach them, but the most effective way is through English language guiz guestions that allow kids to creatively involve in learning.

This guiz related to idioms with answers is created to induce interest among children to learn more. Lets see how many you can get right.

- 1. Hands on a platter:
- a) Hand holding the plate
- b) The hand is like a plate
- c) To obtain something easily without any effort
- d) Hand and plate go together
- 2. Wash your hands of:
- a) To rub your hands

- b) To abandon something you were doing midway
- c) Washing hands
- d) To rinse your hands

3. Hand in glove

- a) To work in close association for a bad cause
- b) Removing the glove from the hand
- c) Stuffing the hand in the glove
- d) To hand over the glove

4. To have your hands full: a) To have a lot of work b) To have big hands. c) Filling up your pockets d) To clean your hands

5. Like the back of one's hand

a) To place the hands one behind the other

- b) To like somebody's hands
- c) To know something very well
- d) To tie the hands behind the back
- 6. To have the upper hand:
- a) To lift your hand
- b) To have an advantage
- c) To shake someone's hand
- d) To clasp hands
- 7. Get out of hand
- a) To get out of control
- b) To get out of house
- c) Remove the glove
- d) Help someone
- 8. Change hands a) Wash hands b) Passing from one to another c) Removing dirt from hands d) Changing from left side to right

9. Hands down

- a) Put down your hands
- b) Unquestionably
- c) Asking someone to put down hands
- d) Question someone



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10. In good hands a) In clean hands b) In good care c) Liking something d) Asking for help

# Answers:

- c- To obtain something easily without any effort b- To abandon something you were doing midway
- a- To work in close association for a bad cause
- a- To have a lot of work
- c- To know something very well
- b- To have an advantage
- a- To get out of control
- b- Passing from one to another
- b- Unquestionably
- b- In good care





# Bint e Abid Zaman's story gives us food for thought about how some signals are rather sin-goals

As soon as the picture was set on the projector of the lifeless white sheet of pinnaflex, it was decorated with colourful words about the air and wind chapter. All the girls quickly filled their notebooks with silence. The senate of the room was broken by the soft voice of a girl: "Teacher how do signals pass through the air?" The teacher repeated the girl's question and then in spite of the tiredness, a smile flashed on her face again. She began to explain:

"Electricity flowing into the transmitter antenna makes electrons vibrate up and down, producing radio waves. The radio waves travel through the air at the speed of light. When the waves arrive at the receiver antenna, they make electrons vibrate inside it."

Then she said with great devotion and longing, "The winds sent by Allah almighty are conveying our messages to each other, so let us take a quick look at the fact that we are not using the winds sent by Allah in disobedient deeds."

After listening the teacher's words, Zara, the

fifteen years tall girl with honey-brown deep eyes, alleged with a chuckle, "Even the signals are due to the winds." And then she whispered to her friend, "My cell phone is all about signals."

The eight grade student on her way back to home wondered why she had to take so many steps to reach her cell phone which was placed on the table in her room, because when she came home from her school she wanted to work with four or five signals instead of just one in her mobile and she quickly downloaded her desired programs, games and dramas. "Zara! Oh dear are you listening to me.." Dadi Jan was calling her with all politeness but Zara took no notice.

After a long time she replied, "Oh dadi when I am standing on the terrace, the signals are very lively!" Dadi Jan shook her head sadly.

One fine day, Zara was flying happily like a butterfly because all her cousins were gathering at her aunt's home for a great feast. All

All the girls were discussing their Eid's preparations but Zara was busy in her mobile as usual - her fingers just swiping the mobile's screen, making her totally oblivion to what was going on around her.

the girls were discussing their Eid's preparations but Zara was busy in her mobile as usual - her fingers just swiping the mobile's screen, making her totally oblivion to what was going on around her.

The time of Asr Salah also came to an end and her cousin Fatima grabbed her by the shoulders, shook her and shouted, "Please get a move on! I am afraid that your Asr prayers have not been offered yet!"

Zara answered without raising her head from her mobile and replied: "Let me update my Instagram stories. What catchy signals you guys have!"

The days went by like this but there was no positive change in her. One day her Ammi Jan had to leave suddenly for some urgent work, and just on returning home there was a burning smell in their whole home. She ran to the kitchen and saw that the pot on the stove was burnt. She called Zara and asked her about the situation.

Zara stammered and said, "Umm, I just didn't get the signals on my call, so I came to the kitchen for two minutes and then...uhm..." Ammi Jan's heart broke into splinters. She prayed to Allah 💩 for the guidance of her daughter.

A scary road, trees side by side standing like giants, for an hour Zara stood alone on this lonely road drenched in sweat longing for a gust of wind. She looked sadly at the trees wondering if there might be an address that signaled the arrival of the wind but there was nothing to be found.

She tried to shout for help but no wind was there to convey her voice to anyone: "Ya Allah, what happened?" She flipped out her cell phone to call her father but, there were no signals. Her hand became loose and hung at her side. She closed her eyes tightly with fear.

She was about to fall to the road with a state of sadness and anxiety, when suddenly her eyes opened. A cool soft voice like the wind pulled her out of this nightmare.

Her mother was standing beside her calling her name.

Oh... thank goodness it was a nightmare. Zara was shivering with fear of her unseen sweats flowing from head to toe but... she felt a softness with sincere care as her Ammi Jan was there.

She started crying loudly like a child. More than the fear of dream, the fear of her sins made her cry. She asked Allah (s.w.t) for forgiveness for her sins in a broken tone. And you know tears of guilt always take away your bad deeds and when we rub our tears, we feel free. She felt a charming wind which blew away her sins. She learned from these winds that friendship with the Creator of these winds is the first condition for making friendship with them. She has done with a journey from signals to sin-goals...some tears of repentance fell from her big brown eyes as her head fell to the ground in prostration



She was thinking, 'Are the winds angry? Or has our disobedience angered the owner of the winds?'



# mystery mani

# Humorous mysteries

I. Michael Scofield is sentenced and sent to prison. He was stuck in a metal room with a metal door that was locked.

There were no windows and nothing in the room but a piano.

How can Michael Scofield escape?

2. Can you spell 80 in two letters?

3. Why is Saturday stronger than Monday?

4. 10+10 and 11+11 can give you the same answer.

Explain how?

5. If I am holding a bee, What do I have in my eye?

# Answers

of the beholder. because beauty is in the eye . Deguty.

|| + || = 22 or we can say 20 H' = |0 + |0 = 50

day(week day) 3. Because Monday is a weak



# A guessing game where you find the missing word through rhyme.

What will you need

Paper and pencils for each player.

# What you must do

44

Decide who is to go first. That player must then think of a word, write it down but not let anyone see it.

The player then gives a clue by saying, 'I know a word that rhymes with...' and give a rhyming word. If the mystery word that the player wrote down was, for example, 'head', the player could say, 'I know a word that rhymes with red.'

The player who guesses correctly then starts the game again by writing down a new word and giving a rhyming clue.

# T-A.S

right key. key and escaped using the their ant shrift an lit onpig . Michael Scofield Mays the

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Each player then takes it to turns to ask a question, without mentioning the word they think might be the mystery word. Like a player might ask, 'Is it somewhere you might sleep?' The first player would then say, 'No, it's not bed'.

Play then continues until someone asks a guestion to which the answer is yes, such as, 'Is it part of your body?' The first player will answer 'yes' and the questioner can then say 'Is it head?' The first player must then show the word on the paper to confirm that the guess is correct.



# Everyone has to go

Written by Hafsa Ghazi

I can't believe you are gone Until we could see the dawn I still remember those gloomy evenings I can't believe you are leaving When we had the flu all night long Motivating each other to be strong,

The warmth you provided The untold stories guided The late-night screams you enfolded The fights you controlled All my heart that you stole I can't believe this is the end of that road,

Now my legs are hurting Ad my body is aching My mind is complaining To rig its own bones back which are leaving It's crazy how fast that time has passed Forgive me for breaking your glass,

I love you today Like I did yesterday Ad I will meet you someday In the heaven if Allah says.....

Now my legs are hurting Ad my body is aching My mind is complaining To rig its own bones back which are leaving It's crazy how fast that time has passed Forgive me for breaking your glass,

> I love you today Like I did yesterday Ad I will meet you someday In the heaven if Allah says.....

Make Dua For Six Things

1-Hidaayah (Guidance from Allah) 2-Maghfirah (Forgiveness from Allah) 3-Nusrah (Help from Allah) 4-Qubuliyah (Acceptance from Allah) 5-Aafiyah (Ease from Allah) 6-Hifaazah (Protection from Allah)



rad<sup>14</sup>once June - 2022

screws

# Kids Cerner

# Laugh it out!

I am often asked, "Is google a man or a woman?"

My simple answer is: "It's a woman because it won't let you finish your sentence without making a suggestion."

Aslam: "Hey what's up?" Amir: "Nothing much.. Just converting oxygen into carbon dioxide." Aslam: "How the hell do you do that?" Amir: "Breathing..Dude."

Teeth says to tongue: "If I just press a little, you'll get cut." Tongue replies: "If I misuse a single word, all 32 of you will come out."

### A: Why are you late?

B: There was a man who lost a hundred dollar bill.

A: That's nice. Were you helping him look for it?

B: No, I was standing on it.

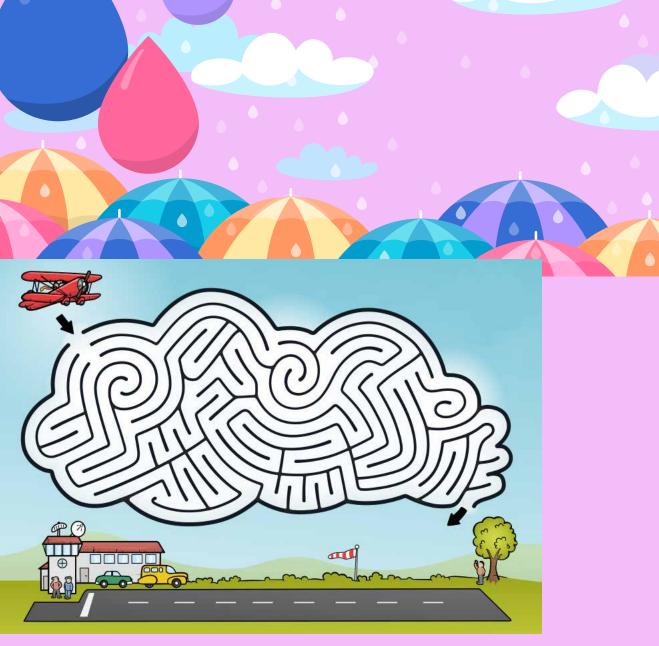
Imagine that you are in a forest where there is a tiger in front of you right about to eat you. What do you do?

You stop imagining.



4. day NO to this tool
6. Healthy way of cooking, usually using a pressure cooker
9. In hot oil, shallow or deep
13. What you will become after eating unwanted fat
15. Cooked using a grill

colour food









fresh

# Productive holidays by Loubna, Nushrat and Hanna

Holidays are the time we all wait for, but when they finally come, we often feel lost. We either want to do so many things or we do not want to do anything at all. So time goes by and before we know it, the school holidays are over, leaving us with many regrets of what we could have done. Here are some tips by Loubna, Nushrat and Hanna on how you can organize your holidays to make them more fulfilling, creative

## and fun

# 1. Plan Your Holidays

Planning your holidays will help you to be prepared for the activities you intend to do. First, make a list of the things you want to do and then, organize them into weekly activities. Make sure you do not organize too many tiring activities within a short period of time. Keeping it to one or two activities per week should be manageable. Every morning, note what you have to do during the day. Remember to organize your activities around Salah time. This way, you can pray on time and still be able to fit in your other activities for the day.

For example, if you decide to start scrapbooking, make sure you are fully prepared. Keep a notebook where you can note down your ideas. Create a space for you to carry out your scrapbooking activities. Arrange your materials in an accessible and a tidy way. This will save you the chore of looking for your materials as well as saving you time when you need to put them away. Creating a nice space will also motivate and inspire you to do creative things.

# 2. Organize Activities with the Family

Holidays are the time to maximize

racionce June - 2022

family time. It is a good time for organizing games and outings. Family trips

Try going to places that would please everybody. Consider the age and health of your family members. If you are traveling abroad, plan your stay in advance. Learn about the country, climate, availability of halal food, mosques and methods of transport. Get a map and find out about the places you can visit. Plan your trips so you can make day trips to nearby places. It might be less tiring to alternate long and short trips. Before deciding on anything, discuss with your family and make sure everyone is comfortable with the itinerary.

### Local activities

You can play games or do other activities that will interest everybody and that everybody can participate in. You can also learn new things with your family. Look for common interests and learn together with your family. You can use this opportunity to try to learn about your family and even your extended family. For example, involve the elders by asking them about your ancestry and involve your younger siblings by asking them to help you make a family tree. You can also connect with members of the family whom you

## have never met.

Other simpler ways to strengthen ties between generations would be to learn family traditions from your elders. You can, for example, learn family recipes from your parents and grandparents.

# 3. Helping with the Household Chores

Holidays do not apply for household chores. On the contrary, there might be more. You can help your mother with the chores around the house. She will love having your help. But do not let the chores come in the way of your holidays. Instead, turn them into fun activities in which the whole family can take part. Include your siblings in daily cooking and cleaning, allowing them to see that even work can be fun when everybody helps. This would speed up the work, reduce tiredness and even allow you some quality family time.

# 4. Do not Abandon Good Habits

During the holidays, there is a general tendency to be less disciplined and to succumb to bad habits. This can have a negative effect on your holidays. If you want to enjoy your holidays, you need to be fit. Eating well and sleeping well are very important. Avoid going to bed too late. Instead, sleep right after Isha' salah so you can wake up early the next morning and maximize the day. That way, you can carry out your activities well and without getting tired.

Another common mistake is that we spend too much time in front of the television or on the computer. Allocate some time for these activities and make sure you stick to your plan.

5. Reconnect with Allah

Holidays offer us more time to reconnect with our deen and increase gooddeeds, bringing us closer to Allah. Give more time to your deen at both a community and at an individual level. Help out more at your local masjid and other Islamic organizations. You can plan at least one Islamic activity with your family, such as cooking food for the poor. When you are on your own, make more duas, memorize new surahs and recite more of the Quran. Make yourself stronger before the holidays are over. This will also help you to resist the temptation of participating in haram activities, which are so prevalent during holidays.

# 6. Find Some Time to be Alone

Practicing solitude can be very beneficial. You will have time to think about things that pertain to only you. If there are any changes you want to make to your life and self, holidays are the time to start them. Holidays could be the time to get your routine back on track. You could also look for a part-time job to make some pocket money. An internship or apprenticeship could earn you some working experience as you will gain a better understanding of the industry you wish to pursue.

Think about some things you would like to do that would bring some personal satisfaction to you. Be creative, develop your abilities, discover new skills and explore them. Take up a new hobby or restart an old one. Continuing it after the holidays will make your routine less boring and add more colour to your life.

We hope these tips can inspire you to use your holiday time wisely and productively Insha'Allah

His piety and trustworthiness are the notable features but his tactics in business are more famous. This attribute was fruit of the prayers of Prophet . He was a wealthy man who was known as Bahar ul Joud (Sea of Generosity) because of his magnanimity and benevolence.

# tadhrat Abdullah bin Jaffar

# Written by Zawjah Junaid Mukaty

Hadhrat Abdullah bin Jaffar was the son of Prophet's 🛞 cousin, Hadhrat Jaffar bin Abi Taalib 🧠. Hadhrat Jaffar had migrated to Abyssinia in the sixth year of prophet hood with his wife, Hadhrat Asma bint Umees, after being disposed to terrible persecution by the people of Makkah. Hadhrat Abdullah was born there. After his birth, soon Negus or Najashi, the king of Abyssinia, was also blessed with a baby boy. He also named his son after Hadhrat Abdullah as Hadhrat Jaffar held a respectable position in the court of Najashi and Hadhrat Asma had nurtured his son too.

Hadhrat Abdullah was approximately seven to eight years old when they returned back to Madinah. This was the era when the polytheists did not let the Muslims in Madinah live peacefully and declared war every now and then either by conspiracy or directly approaching the battlefields. In the eighth year of migration, Battle of Mau'tah was fought against the Byzantines. Hadhrat Jaffar received a pronounced martyrdom in that battle giving him the title, Zul Janadain. Prophet 🛞 was heartbroken at this incident and since then he started taking extra care of his children.

Hadhrat Asma did brought up of her children diligently. She made sure that her children develop into devoted Muslims who have immense love for Allah and Prophet . Once she taught Hadhrat Abdullah a few words which were taught to her by Prophet @ and could be read in any difficult situation. These words were, Allahu Allahu Rabbi La Ushriku Bihi Shayya. Hadhrat Muhammad 🛞 treasured Hadhrat Jaffar's children and liked to spend time with them. Once he said, "O Allah, provide a successor in Jaffar's family and give Barakah in Abdullah's business." He repeated this supplication again at a different occasion when he was pleased with Hadhrat Abdullah.

Once Hadhrat Muhammad 🛞 visited Hadhrat Jaffar's house, there he saw that the children had become physically weak. He enquired as to why the children of his brother were thin to which their mother informed that they get affected by evil eye. She then read on them the dua for prevention from evil eye with Prophet's @ permission. He also used to say, "Abdullah resembles me in terms of both my appearance and character."

At Prophet's 🛞 demise, Hadhrat Abdullah was nearly a twelve year old boy but the closeness with Prophet 💮 in the years they stayed together were the strong foundation that brought out the greatness in him. His piety and trustworthiness are the notable features but his tactics in business are more famous. This attribute was fruit of the prayers of Prophet . He was a wealthy man who was known as Bahar ul Joud (Sea of Generosity) because of his magnanimity and benevolence. History has reported many incidents of his generosity and kindness.

Hadhrat Abdullah was married to Hadhrat Ali's daughter, Zainab bint Ali, during the era of Hadhrat Umar Farooq. Therefore he had two relations with Hadhrat Ali; he was nephew and son in law of Hadhrat Ali. They both were a happy and satisfied couple. He often said, "Zainab is the best wife."

In sixtieth year of migration, Hadhrat Hussain, son of Hadhrat Ali, left for Kufa. Many of his

Hadhrat Abdullah died in either eighty or eighty seven Hijra in Madinah. He was the last companion of Prophet 🎡 from the clan of Bani Hashim to depart this world. The closeness of Prophet 4 did not only left substantial marks on the adults, the children like Hadhrat Anas, Hadhrat Abdullah bin Zubair and Hadhrat Abdullah bin Jaffar and many more turned into pious Muslims too. May Allah guide our youth too to the righteous path

friends and associates asked him not to go because his enemies could harm him. Among these people were Hadhrat Abdullah too but Hadhrat Hussain did not listen to their advice and left. Accompanying him were a few members of his household and companions too. Although Hadhrat Abdullah was not going but he did not stop his wife, Zainab bint Ali, from going with her brother. This caravan reached Karbala when the enemies surrounded them in the plains and brutally martyred many of them. This included men, women and children.

Hadhrat Hussain was leading the caravan and had no intention of fighting but the enemies did not miss the opportunity. Hadhrat Hussain was also martyred with Hadhrat Zainab's two young sons. This was an extremely distressing situation for the Muslims but they had to stand tall. After losing her brother, Hadhrat Zainab led the caravan back to Madinah through Damascus.



# Banana muffins

Keep it simple with these easy recipes to make your holidays a bit more relaxing and tempting

# Ingredients

cook some fun

- 1 and 1/2 cups (188g) all-purpose flour (spoon & leveled)
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 3 large ripe bananas (about 1 and 1/2 cups mashed)\*
- 6 Tablespoons (85g) unsalted butter, melted (or melted coconut oil)
- 2/3 cup (135g) packed light or dark brown sugar (or coconut sugar)\*
- 1 large egg, at room temperature
- 1 teaspoon pure vanilla extract
- 2 Tablespoons (30ml) milk\*
- optional: 1 cup chopped walnuts, pecans, or chocolate chips

# Instructions

- Preheat oven to 425°F (218°C). Spray a 12-count muffin pan with nonstick spray or use cupcake liners.
- Whisk the flour, baking powder, baking soda, salt, cinnamon, and nutmeg together in a medium bowl. Set aside. In a large bowl or in the bowl of your stand mixer, mash the bananas. On medium speed, beat or whisk in the melted butter, brown sugar, egg, vanilla extract, and milk. Pour the dry ingredients into the wet ingredients, then beat or whisk until combined. If adding nuts or chocolate chips, fold them in now. Batter will be thick.
- radiance June 2022

- 3. Spoon the batter into liners, filling them all the way to the top. Bake for 5 minutes at 425 then, keeping the muffins in the oven, reduce the oven temperature to 350°F (177°C). Bake for an additional 16-18 minutes or until a toothpick inserted in the center comes out clean. The total time these muffins take in the oven is about 21-23 minutes, give or take. (For mini muffins, bake 12-14 total minutes at 350°F (177°C).) Allow the muffins to cool for 5 minutes in the muffin pan, then transfer to a wire rack to continue cooling.
- 4. Muffins stay fresh covered at room temperature for a few days or in the refrigerator for up to 1 week.

# Notes

Make Ahead Instructions: For longer storage, freeze muffins for up to 3 months. Thaw overnight in the refrigerator, then bring to room temperature or warm up in the microwave if desired.



# Ingred ients

6 skinless, boneless chicken thighs, cut into 3cm pieces 250ml buttermilk vegetable oil, for deep-frying ketchup, ranch, barbecue or hot sauce, to serve ½ tbsp smoked paprika 2 tsp garlic granules 1 tsp mustard powder 1 tsp mixed dried herbs 150g cornflour 1 heaped tsp baking powder

# Instructions

Tip the chicken into a large bowl with the buttermilk and 1 tsp salt. Cover and chill in the fridge for at least 12 hrs, or up to 24 hrs.

The next day, make the coating. Combine the paprika, garlic granules, mustard powder, dried herbs, cornflour, baking powder and 1 heaped tsp salt for the coating. Shake the excess marinade from each piece of chicken and dunk these into the coating mixture. Toss until each piece is well coated, then set aside on a tray.

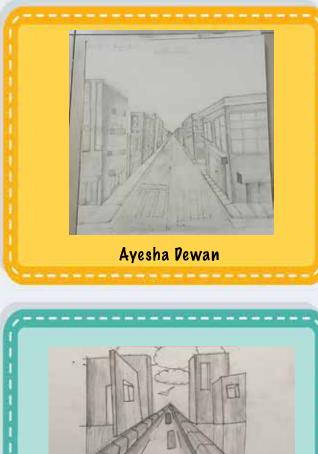
Pour the oil into a deep pan until it is no more than a third full and heat until it reaches 175C. If you don't have a thermometer, drop in a little of the marinade – it should immediately sizzle. Add about five pieces of chicken at a time and fry each batch for 5 mins, or until deep golden brown. Remove the cooked popcorn chicken to a plate lined with kitchen paper using a slotted spoon and leave to drain while you cook the remainder. Serve the popcorn chicken on a platter with a selection of your favourite dips for dunking.

# Popcorn Chicken Platter



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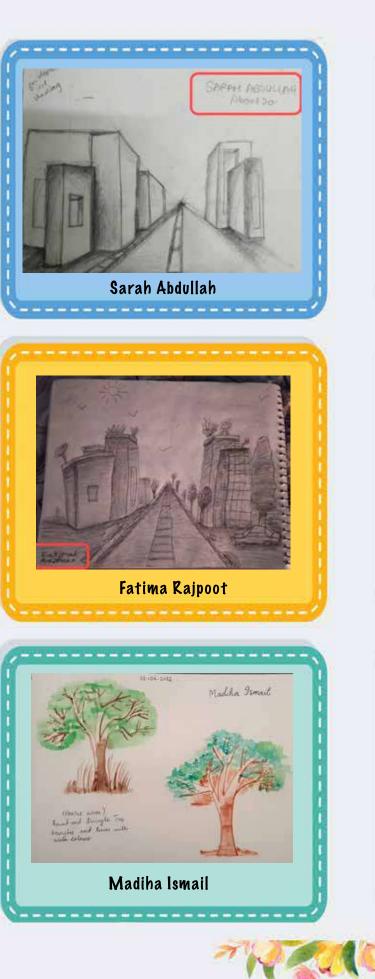


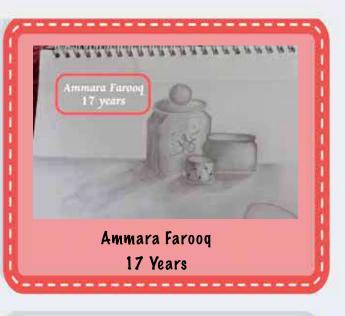














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# Beating the heat

# Concept & Artwork by Adeen Ahmed





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